

## **Arts, Leisure and Culture Select Committee**

### **Update to Executive Scrutiny Committee – 5 March 2015**

#### **Update on Progress (including issues/problems/successes)**

#### **Review of the Effects of Arts, Leisure and Culture on Wellbeing**

The review has aimed to understand the impact of arts, leisure and culture on wellbeing and if this provides the case for future commissioning of arts in health initiatives.

As there was significant evidence associated with the physical activity and physical wellbeing, the review has sought to focus in particular on the effect of arts and cultural activities on mental wellbeing.

The Committee has taken evidence from

- Council Services including Public Health and Arts, Leisure and Culture
- SNAPS (Special Needs Activities with Parents Support)
- The Silvers Programme – The Arc
- English Heritage
- TEWV NHS Foundation Trust
- Dr Theo Stickley, Academic Lead for Mental Health and Learning Disabilities, Nottingham University

The Select Committee approved the final report on 18 February (a copy appears elsewhere on the agenda) and will be submitting their report to Cabinet on 12 March.